Dear Bharathi,

I have finished the Reflective Writing Course with Dr. Neeraja Raghavan. I thought of sharing my feedback about the course through this letter. When I started this course, my aim was to learn how to write better. So I thought I would be able to learn to write objectively, creatively and positively about incidents that happen at school. I wanted to contribute to some Montessori periodicals. Since the course title had the word 'reflective' in it, I thought maybe it will help me introspect about the incidents in a better way. But I never dreamt that it would open up a Pandora's Box about me.

Bharathi, at the outset, I would like to thank you for allowing me to be what I am and contribute to the growth of Anweshana. Your gentle ways of guiding and nudging to do what you believe is right are truly amazing. I feel safe and not judged by you at all. I can give my best there - without any limitations. But when I step out, I feel that I have to protect my image/ reputation - and then, I retreat into a shell. I become very conscious of the image that I have to portray to the world outside. I take refuge under a 'Silence is Golden'

umbrella.



I must have been aware of all these feelings but unable to acknowledge or accept them. Joining the 'Reflective Writing' course has given me the courage to be more open. I wish to organise this course for our educators at Anweshana as I feel everyone will benefit from this. More than developing each one's writing skills, it will help in personality development. It may even help us to create stronger bonds between the educators and shed the ego to a large extent.

Thank you for your constant support and encouragement.

Warmly,

Jayashree